

Welcome

Welcome to UnityPoint Health – Marshalltown. Thank you for choosing us for your surgical procedure. Your stay has been arranged so that you may have surgery or other special procedures and return home the same day. In some cases, procedures may require that you spend additional time at the hospital. Nursing care will be provided throughout your stay.

Your surgery is scheduled for

Please report to
UnityPoint Health – Marshalltown
Medical Park

On some occasions, the surgery schedule may be altered and your surgery may be sooner or later than you expected. If this should occur, every effort will be made to inform you and your loved ones of the change.

The nursing staff calls patients the day before surgery to confirm your schedule and answer any questions you may have.

For more information:

UnityPoint Health® – Marshalltown

Surgical Locations

3 South 4th Avenue
Marshalltown, IA 50158
(641) 754-5151

Medical Park

55 Central Iowa Drive
Marshalltown, IA 50158



UnityPoint Health
Marshalltown

The point of unity is you.®

unitypoint.org

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Getting Ready for **Outpatient Surgery**

 **UnityPoint Health**
Marshalltown



Getting Ready for Surgery



WHAT TO EXPECT

Registration & Pre-Operative Care

All patients should arrive at the front entrance of UnityPoint Health – Marshalltown located at the intersection of Highways 14 and 30, across from the Marshalltown Community College campus.

Parking spaces at the front of the building are reserved for patients and their families. All patients should check in at registration, after which you will be escorted to the surgical services department, located on the 2nd floor. For your safety, you will be asked to confirm your identity throughout your stay with us. Once in your pre-op room, you will be asked to change in to a hospital gown and preparation for your surgery will begin, including establishing an IV location, taking your blood pressure and temperature and talking with a member of our anesthesiology team about what to expect in anesthesia care.

In the Operating Room

A member of the surgery team will escort you to the operating room when ready. You will be hooked up to monitors, and your operating room nurse will take care of you throughout the procedure.

Post-Operative Care

Once out of surgery, a recovery nurse will monitor your care during the recovery period. Once the majority of the effects of the anesthesia have worn off, you will be reunited with your loved one.

Your discharge information will be provided to you and your support person once staff feels you can safely be discharged from the care of medical professionals at UnityPoint Health – Marshalltown

Surgery Instructions

On the day of surgery, please bring a list of any allergies to foods or medications, and a list of all medications, including non-prescription, you are currently taking, including the dosage of each. Be sure to ask your primary care provider or surgeon if you are to discontinue taking your medications before and/or on the day of surgery.

Do not eat or drink anything after midnight prior to your surgery, unless instructed differently. This includes water, coffee, tea, pop, food, gum, mints and candy. Failure to follow these instructions could result in your surgery being canceled or postponed for your safety.

Arrange for a responsible adult to accompany you to UnityPoint Health – Marshalltown and drive you home. In an effort to better serve you, we ask that only one adult accompany you, except in the case of a minor child.

Shower or bathe before surgery, but do not apply lotion, makeup, deodorant or use any hair products.

Please leave all valuables at home, including jewelry. If you wear dentures or glasses, they will be kept in a safe place during your surgery.

Wear loose, comfortable clothing. Blue jeans are strongly discouraged, especially for patients who will have an abdominal incision. Upon arrival at UnityPoint Health – Marshalltown, you will be asked to change in to a hospital gown.

Contact your provider prior to admission if you develop a fever, sore throat, cold or other illness prior to surgery.

You are an important member of our healthcare team. We know that having a surgery can be a scary time, so our highly-skilled surgeons, anesthesia and nurses at UnityPoint Health® – Marshalltown, make it our goal to provide you with the utmost care, keeping you informed, safe and comfortable throughout your stay with us.

This brochure provides you and your loved ones with important information to help you understand the surgery process and have a positive experience.